



# Fellows

Class of 2015

LEADERSHIP



**Tammy Arnov** has a passion for public health and for improving the lives of older adults by making the systems that serve them more efficient and intelligent, enabling our community to better honor the dignity of this population as they navigate the medical, social and personal challenges of aging. Tammy grew up in St. Louis, graduated from the University of Pennsylvania, studied at Oxford and received her Master's in Public Health from Columbia University. She completed two 400-hour units of a chaplaincy training program in nursing home and hospital settings. A writer and editor by nature, she has worked for the Anti-Defamation League, the American Foundation for AIDS Research and the Medicare Rights Center. Tammy and her husband, Noah, the Rabbi of Kol Rinah, have three children and live in University City.



**Sarah Falkoff** is passionate about Reform Judaism and learning about other sects of Judaism. A Chemistry teacher at Clayton High School, Sarah loves teaching this population, is technologically savvy and a firm believer in good communication. A member of Temple Israel since third grade, Sarah has been actively involved in her congregation and was the first female shofar blower. A firm believer in involving young families in Temple life, she has had an important voice on the Board of Trustees speaking for young families. In addition to the Board, Sarah coordinated Temple Israel's Thanksgiving Dinner for people in need serving 425 guests from all over the St. Louis area. Sarah is married to Ron and they have a son.

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**Emily Follman** *is passionate about international business and children's health.* A graduate of University of Michigan and UC San Diego with a Master's Degree in International Affairs, Emily taught English in Japan and backpacked and worked her way through New Zealand, Australia, Indonesia, Thailand and Singapore. Before moving back to St. Louis to work as a business consultant, Emily worked in DC for Delphi International, administering international exchange programs for foreign government and business professionals, held a summer internship in Tokyo, and made a brief detour to Malaysian Borneo where she climbed the tallest mountain in South East Asia. Emily currently works as an independent consultant with expertise in project management, process improvement, strategic planning and workshop facilitation. A member of Central Reform Congregation, Emily is married to Joe Levine and they have two sons.



**Sam Freedman** *is committed to growing the St. Louis Jewish community and invests his energy in helping people interested in moving in to the community with job placements.* Sam grew up in St. Louis and attended Torah Prep Elementary School, founded by his father Rabbi Tzvi Freemdan and continued on to high school at Yeshiva Ner Israel rabbinical College and received a BA in Talmudic studies from Sh'or Yeshuv in New York. Sam received his MS in Accounting from Fairleigh Dickinson University and moved back to St. Louis and is an auditor with RubinBrown. Sam is involved in numerous organizations including sitting on the board of the Jewish Federation's Standards and Capacity Building subcommittee, Agudah Israel of St. Louis and President on the board of Professional Placements of St. Louis program, a division of the St. Louis Kollel. Sam and his wife Idena have settled nicely into the St. Louis Jewish community and have recently welcomed a baby boy, Ari in to their lives.

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**Abby Goldstein** is interested in learning how to connect Jews in St. Louis to Jewish life and how to help Jews across the world facing anti-semitism. Born and raised in Beaumont, Texas, Abby participated in a Young Judeaea trip to Israel to learn about her Jewish heritage. A graduate of University of Texas and University of Michigan, she earned her Master's degree in Urban Planning. Abby worked in New York and Chicago in advertising. She then moved to Mississippi Gulf Coast where she worked as the Planning Director for the City of Pass Christian. Currently, Abby serves on the COCA Associate Board, is a coach for Girls on the Run and is a participant in Jewish Federation of St. Louis Women's Philanthropy "Taste of our Community" series. Abby currently works at the St. Louis Economic Development Partnerships where she oversees the Community Development Reinvestment Grant Program. A member of Kol Rinah, Abby is married to Michael, and they have a baby boy.



**Ted Houser** is interested in working to increase awareness of and alleviate poverty and other social issues in the community and in interfaith programs to foster greater cooperation between faiths. A past participant of The Rubin Israel Experience, Ted is a dedicated professional, volunteer, husband and father. Professionally, Ted has a background in Operations Management and Analytics and currently works for Propper International Inc. as a Forecast and Supply Chain Analyst. Prior positions include stints at S&R SPORT, Ameriwood Industries, May Company and Wal-Mart. His professional experience is backed up by an MBA with an Operations Management Emphasis from the University of Missouri Columbia and a BSBA with a Management emphasis and a Minor in Economics from the University of Missouri St. Louis. A member of the Board of Trustees at Congregation Shaare Emeth, Ted is active on many committees including the Tzedek committee and MOSHE (Men of Shaare Emeth). Ted also volunteers on a monthly basis at St. Peter and Paul Men's Shelter. Ted is married to Jennifer and they have three daughters.

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**Elisa Israel** is interested in science education and is excited to be involved with shaping the future of Kol Rinah as a new congregation built on the deep roots of its two legacy congregations. Born and raised in St. Louis, Elisa received her Master's in Earth and Planetary Sciences and has worked for the Saint Louis Science Center for the past 19 years. As Research & Evaluation Director, Elisa oversees the department responsible for conducting visitor studies related to exhibits, programs and market research. Elisa is an active member of the Kol Rinah Board of Directors and serves on the congregation's facilities and personnel committees. She also serves on the Board of Directors of her professional organization, the Visitor Studies Association, and currently chairs the association's Professional Development Committee. She is a past Jewish Community Relations Council member and a member of Shalom Amigos, a dialogue group of JCRC.



**Marc Jacob** is passionate about Jewish education, observance and participation, outreach to unaffiliated Jewish adults and enhancing meaningful connections to Israel. A Missouri Supreme Court Approved mediator, Marc has training in conflict resolution. Marc received his B.A. English Literature from the State University of New York at Geneseo, where he was President of Hillel. He received his J.D. with a concentration in Business Regulation from Cornell Law School, where he was President of the Jewish Law Student's Association. Marc also received a Certificate in Economic Development from St. Louis University and has for the past four years been the Chair of the University City-Olivette Joint Redevelopment Task Force (JRTF). An active member of Aish HaTorah, Marc has served in several leadership positions on the Board of Directors, taught Jewish adult education classes, and he received the Stuart I. Raskas Jewish Community Service Award in 2010. Marc and his wife, Debra, run the Jacob Law Firm, LLC, concentrating on real estate and business transactions and on estate planning matters. Members of U. City Shul and the Agudas Israel, as well as the new and growing Sephardic Minyan of St. Louis, they have four young boys.

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**Doug Kolker** is interested in educating teens and young adults about the importance of Israel travel and Israel's connection to our Jewish community. A past participant of The Rubin Israel experience, Doug is involved with Congregation Shaare Emeth's leadership program and is involved on their investment committee. Doug has spent much of his life at the JCC and as a result of his Israel experience, is excited to learn and become more involved in Jewish organizations. A graduate of Kansas University with a BA in accounting and business administration, Doug is a CPA at Mueller Prost LC where he is Director of their Research and Development Tax Credit Group. He is married to

Stephanie and they have twin daughters.



**Randi Mozenter** is dedicated to helping Kol Rinah become a stable, vibrant, successful and established eastern St. Louis County conservative congregation. Current Vice President of Personnel of Kol Rinah, Randi has served in several leadership positions for the congregation including Vice President of Membership, Keruv and Chesed committees, and the Rabbinic search committee. Randi is also the President of the Board of Directors of Kids In The Middle, a non-profit agency serving the counseling needs of children and families of

separation and divorce and also is a board member of the Jewish Student Union and the Washington University Neighbors Council. Born and raised in Southern New Jersey, Randi was very involved in a Conservative congregation and regional USY. She attended Brandeis and Washington Universities where she was active in Hillel, Bais Abraham and NCSY. Randi has a PhD in Clinical Psychology and is in private practice specializing in disorders of depression, anxiety, stress and behavioral medicine. She is also on the Washington University School of Medicine Clinical Medical Staff. Randi has two adult children, two adult step children, is the widow of Joel Wexelman and is married to Lawrence Friedman.

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**Dimitar Mushkov** *is interested in community outreach, education and leadership development.* Born and raised in Bulgaria, Dimitar moved to the US in 2000 to Southern California and moved to St. Louis in 2009. He received his degree in Economics from Washington University. Active in Jewish Federation Young Professionals Division and in the Partners in Torah at Agudas Israel, Dimitar is a member of the U. City Shul and is a Financial Planner at Krilogy Financial.



**Brian Newman** *is interested in fostering a culturally-based Jewish perspective that expands the boundaries of the community.* Currently a project manager and campus planner with the Capital Projects group of Washington University, Brian has contributed to the successful planning, design and construction or renovation of student housing, library, studio, classroom, social and administration spaces. Prior to joining Washington University's Facilities department, he worked in preservation in New York City. Brian, having earned his Masters of Architecture, is a member of the Society for College and University Planning and is a published writer in academic and design news journals. In 2011 and 2014 he helped to plan and stage Sukkah City STL, a celebration and fusion of Jewish heritage and contemporary design. Brian is a supporter of local arts and education institutions and the continued care of shared public spaces. Brian is married and has two sons.

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***David Roberts** is passionate about sports and youth and views sports as an opportunity to serve as the backdrop for kids to grow and enhance their values both socially and spiritually. A past participant of The Rubin Israel Experience, David has been actively involved with the St. Louis JCC Maccabi delegation for fifteen years, five as an athlete and ten as coach. David is owner of 74 Global, LLC, a licensing/marketing consultant firm and an associate for*

*CandyRific. A member of Central Reform Congregation, David is married to Donelle and they have three children*



***David Schenberg** is ready to become more engaged in volunteer opportunities in the Jewish community once again. When his kids were younger, he was active with the JCC's Tour De Fun. Since then, David has served on the board of Lift for Life Academy, was a volunteer teacher of computer technology for middle schoolers and received the Community Quarterback Volunteer Award from St. Louis*

*Rams garnering a significant donation for the school. David is the co-founder of BusyEvent Mobile which combines and develops technologies focused on live events and conferences. He married Randi Fiman Schenberg and they have two boys, 16 and 18, and a golden/lab named Bear. You will find David teaching spinning early mornings in a cross between hobby and mental health.*

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**Debbie Schultz** *is passionate about enhancing and strengthening the St. Louis Jewish community. Actively involved in education both in formal and informal settings, Debbie is an active member of the board of Temple Israel serving on the Executive Committee as Treasurer, is a teacher in the religious school and sings in the choir. Professionally, Debbie is a manager in the Internal Audit Department at the Federal Reserve Bank and has an expertise in both financial operations and information technology. She was selected to serve on the Diversity Council for the St. Louis Federal Reserve District where she focused on raising awareness about diversity within the workplace. A graduate of Washington University, Debbie enjoys Jewish study and is a graduate of the Florence Melton School of Adult Jewish Learning. A life-long St. Louisan, Debbie lives with her puppy, Lilah, and enjoys spending time with her nephew, Drew.*



**Sherry Shuman** *is interested in Jewish life and feels an obligation to all people, especially Jews in need. A weekly volunteer at the Harvey Kornblum Jewish Food Pantry, Sherry currently serves as Co-Chair of Jewish Federation of St. Louis Women's Philanthropy, serves on the Jewish Federation Board of Trustees and sits on the BJC Medical Group Advisory Board. Professionally, Sherry is a Rheumatologist and joined BJC Medical Group in a private practice. She also continues to teach medical students through her affiliation with Washington University. Having met her husband Bob during residency in 1984, they have three sons.*

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**Julie A Stern** is passionate about passing on to future generations the strong tradition of serving community and giving back. A past participant of The Rubin Israel Experience, Julie has served in various volunteer roles throughout the community, including the United Hebrew Pre-School board, Friends of kids with Cancer and The Lift for Life Gym and is a supporter of the Winter Patrol, a program that shows compassion to the homeless living in our downtown streets. Julie is also an avid marathon runner. A member of United Hebrew Congregation, Julie is married to Randy and they have three children.



**Laura Whalen** is interested in learning more about the St. Louis Jewish community, what makes it unique and where she can add value through volunteering. A Life Member of Hadassah and an active volunteer at the JCC, Laura is an experienced project leader with over 15 years of professional experience in non-profit organizations and numerous large retailers leading change management for system and process implementations. Since returning to St. Louis after living in San Antonio for six years, Laura is excited to be in a larger and more dynamic Jewish community. Laura is married to Mark and they have two children.

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**Jamie Zinn** is passionate about inspiring, educating and guiding college students and young Jewish adults toward opportunities to engage in Jewish life. A strong believer in female empowerment, Jamie is interested in getting involved in local organizations that support the mental, physical and emotional health of women and girls. Jamie's primary volunteer commitment is serving as the Director of Jewish Life and Cultural Programming for Alpha Epsilon Phi Sorority, developing national and local strategies, messaging and programs to enhance and celebrate the organization's identity as a nationally Jewish organization. A former Hillel professional, Jamie currently serves as the Special Projects Director for Repair the World, a national Jewish organization headquartered in New York City that is committed to increasing the quality and quantity of volunteering among Jewish young adults. Jamie recently moved to St. Louis from New York with her husband, Rabbi Jonah Zinn, of Congregation Shaare Emeth.

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*Karen Sher is passionate about building and empowering leadership to strengthen the St. Louis Jewish community.* Karen is the Senior Program associate for the

Millstone Institute for Jewish Leadership and oversees several of its key initiatives including the Millstone Fellows program.

Prior to her work with the Millstone Institute, Karen served on several boards within the Jewish community including the JCC, St. Louis Hillel at Washington University, Jewish Federation of St. Louis and was the founding President of Nishmah, the St. Louis Jewish Women's Project. Karen was a member of Jewish Federation of St. Louis National Young Leadership Cabinet and received Jewish Federation's Grossberg Young Leadership Award in 2003. She is a graduate of the Baltimore Institute for Jewish Communal Service where she received her MA in Jewish Studies at Baltimore Hebrew University and MSW at the University of Maryland, School of Social Work and worked for the Jewish Federation in the Development Department. Karen attended Indiana University where she earned her BA in Sociology. She is married to Howie, entrepreneur and founder of "Whatayanuts" snack food and they have three children.



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